

FOOTPATH MAINTENANCE

Tony Corrigan, and a small team of dedicated volunteers, have been doing an outstanding job on footpath maintenance and parish surveys. A full report appears in the Area Newsletter.

THE NEXT WALKS PROGRAMME-CAN YOU HELP?

Pocklington has been able to produce a walks programme for the next six months, with only a few gaps.

There is now a heavy reliance to lead on a relatively few members. We desperately need more members to come forward to lead, as we are relying on fewer and fewer people.

Have you a favourite walk you could lead? The time is coming when we will have dates in the programme with no Pocklington walk for you. We desperately need you to help as we are reaching crisis point.

Please speak to a committee member if you can lead a walk, free training and assistance will be available if you need it.

IN THIS NEWSLETTER

- Forthcoming Events
 - Our AGM on 3rd Nov
 - Xmas Lunch on 19th Dec
 - A weekend in the Dales in June 2019
- Contacting you and Complying with Data Protection
- Urgent Appeal for Walks Leaders
- Safety when we are out walking
- We need a New Secretary for the Group

Ramblers Walking Holidays

The Walking Partnership, the providers of Ramblers Walking Holidays, have reminded us that when booking it is important to nominate the name of Pocklington Ramblers to ensure that funding provided when members book is allocated to the correct group us!

This year we received £110 towards our 'Main Fund', less than in some previous years

**OUR POCKLINGTON AGM
to be held on Saturday 3rd
November 2018**

We have organised our Group AGM for Saturday 3rd November at 2pm. To try to encourage as many as possible to attend we have changed the format this year. There will be a 6 mile walk in the morning from the Gait Inn, Millington, starting at 10am. This will be followed by an optional lunch, (at a discounted rate of 20% off the normal price for a main course), at this great public house. After lunch we will hold the AGM (planned to start at 2pm) and we expect the formal meeting to last for 40 to 45 minutes. Whether you just want to walk, join us for lunch, attend the AGM or all three, you are very welcome.

We need your views and thoughts and wishes, to help us to shape our future programmes and events. Please come and support your group and talk to committee members informally on the walk and over lunch, or more formally at the AGM. We would really appreciate your support

**CHRISTMAS LUNCH AT THE STAR,
NORTH DALTON
to be held on Wednesday December
19th 2018 at 1pm**

As usual there will be an optional short 6 mile walk in the morning before the traditional Christmas lunch. There will be a choice of selecting a two or three course option (£15.95 or £19.95 respectively). Partners and non-walkers are welcome, as always. This event is always popular, so early booking is advisable.

The Star has a new owner and the restaurant has received great reviews for the quality of the food. A bonus is that our group has been given exclusive use of the restaurant, and there will also be an area for us to change after the walk.

Full details of how to book, and the menu, can be obtained from Anne Exton by email on anneexton@rocketmail.com

Alternatively check our website (<http://www.eastyorkshireramblers.org.uk> and click on the heading 'Groups' and select 'Pocklington' and search for the Xmas Lunch)

**POCKLINGTON COMMITTEE
MEMBERS 2018**

CHAIR	Martin Hill 01377 270731 mph60@btinternet.com
GROUP SECRETARY	Sally White sally@pagoda.co.uk
TREASURER	Richard Primmer 01262 679672 richardprimmer@btinternet.com
MEMBERSHIP	Anne Exton 01759 306775 anneexton@rocketmail.com
WALKS SECRETARY	Tony Ashbridge 01482 861215 tonyash43@gmail.com
PUBLICITY	Vacant

An article from Sally, our retiring Group Secretary, on her role. We need somebody to volunteer to take over this role in November-Can you please help?

‘Being Group Secretary for Pocklington’

I live in York and used to be an ‘Area’ member. I attended Pocklington’s AGM in Nov ’15 because I often walked with that group on a Sunday. Nobody put their name forward to take over as Group Secretary so, after thinking it over and chatting with other members about what the role involved, I volunteered and took over in Jan ’16, becoming a member of the Pocklington Group at the same time. I found that being a Committee member helped me feel more involved with the group and I would say to anyone who’s thinking about it – just give it a go!

What’s involved? Because Pocklington also has a Membership Secretary, the ‘duties’ of the Group Secretary are limited to just a few tasks to do with the quarterly Committee meetings and the AGM:

- Book a room/table for the next meeting (held at Station Hotel, Pocklington)
- Draw up a draft agenda with the Chair for the next meeting & circulate by email to Committee members (currently five).
- Attend meetings and take minutes (this is just a few notes because the Treasurer circulates a report with figures/notes that are easily added). Join in discussing topics raised, express opinions and feel free to put forward ideas.
- Type up and circulate the minutes. What? – I hear you gasp! Don’t worry: a template is provided or you can ‘do your own thing’. Because I’m a little on the pedantic side, it takes me an hour so (once a quarter), but I’m convinced this could be done in even less time. Then it’s all over for another 3 months.
- Except... Committee members exchange emails from time to time between meetings if it’s useful to share information ahead of a meeting or necessary to make a decision on a matter before the next meeting.
- And for the AGM (Nov)... in addition to agenda & minutes, also prepare copies of papers for those who attend but if you don’t have a printer, another Committee member would do this. You can claim expenses for any printing that’s needed.
- And one more thing... because your contact details appear on the website (email & phone if you wish) you are occasionally contacted by someone who is usually not a member but has a question. I’d say I’ve been contacted no more than 5 or 6 times a year and often it’s been a question for the Membership Secretary or Footpaths Officer or Chair. And if you don’t know the answer, just ask other Committee members.

You might also get roped into serving teas/coffees at the AGM. Some Secretaries have been known to wash up too but I delegated that task. This year we’re having the AGM at a pub so there’s no refreshment prep etc. to be done. Result! If you take over as Group Secretary, you might want to bear that in mind.

Whatever the reason we joined the Ramblers, what we get out of our membership depends to a great extent on what we put in. If you feel you’d like to join the Committee as Group Secretary but have some questions, just email me or ask me on a walk. If you don’t know who I am or never happen to be on the same walk as me, the other Committee members can help out too.

Sally White. sally@pagoda.co.uk,

Sept 2018

A LEAP INTO THE UNKNOWN

An article by Keith
Dalby on his first
visit to Clapham,
staying in a 'hut' on
a walking weekend
in the Yorkshire
Dales.

You could follow in
his footsteps on
June 21st to June
23rd 2019

A traditional Rambler's weekend at Clapham, Yorkshire Dales – June 2018

The weekend kicked off with 8 mile walk from Hellifield. Five of our group met at the Railway Station prior to the walk which took a circular route up the gentle slopes above Hellifield returning to a fabulous newly opened tea shop in the village for refreshments.

The group then travelled to Lowstern Hut at Clapham, our accommodation for the weekend. Despite the title 'hut' the accommodation provides good facilities, offering bunk beds in dormitories, two shower rooms, a well equipped kitchen, dining room and a comfortable sitting room. The property is owned by the Yorkshire Rambler's Club, an energetic group that climb on ropes and go potholing!

Having settled in, a fish and chip supper was sought from the Game Cock pub in Austwick and was consumed by the full party of six.

On Saturday we set out walking from the door into Clapham and via the Norberg Erratics (see footnote), through the villages of Warf and Friezor where we enjoyed tea and cakes at an excellent café. Returning to Lowstern via Austwick and a lane into Clapham. An excellent 10.5 mile walk with a total ascent of 1040 feet.

In the evening we adventured out to Settle where we enjoyed a supper at The Italian Restaurant in the Shambles. The food was a delight being freshly cooked by the Italian proprietor who proved to possess true flair

On Sunday we vacated Lowstern Cottage having carried out a series of cleaning duties (in traditional YHA fashion) and travelled to Gargrave, where we undertook a 10.3 mile circular route with moderate climbs, to return to the start via the towpath alongside the Leeds and Liverpool Canal. The opportunity for refreshment was overwhelming so we made our way into the Dalesman Café for tea and cake, returning home after this.

This is the first time that I have had the opportunity to attend this annual Pocklington Ramblers' event. A thoroughly good time was had by all, the walks were very well planned, the venue proved most suitable and much camaraderie.

Next year the event will take place 21st June to 23rd June 2019. I must encourage any member who has not been on this event to come and enjoy yourself.

Finally, I must thank Tony Ashbridge for arranging this event and Steve Kendra for leading the walks.

Keith Dalby

Note: Erratics are boulders which scatter the landscape, and are of Silurian stone (sand stone in contrast to the newer limestone upon which they lay) and were left when the glaciers retreated in the last Ice Age

BD to Z Victor One-By Richard Primmer

Pocklington Ramblers have invested in a pair of handheld radios, (Walkie Talkies), to be used for walks leaders and back markers to keep in touch when there is a large group. If anyone wants to take them on a Ramblers walk simply give Martin Hill a ring, ideally well in advance, and they can be passed over at a mutually convenient time with basic training given in their use.

Also, with a view to safety the Group has purchased a Personal Locator Beacon, (PLB). This is a device that can send a message to the Coastguard at Falmouth pinpointing the position of the beacon. If triggered, the Coastguard will ring one of three contact numbers to check if the beacon is in use and if it is confirmed that there is not an accidental triggering, or if no response is received to the telephone call, a rescue party will be dispatched. Depending on the location and weather conditions this may range from the local Mountain Rescue to a helicopter. Needless to say, mobilisation of assistance is an expensive business and if the PLB is used when there were reasonable alternatives, such as being able to make a telephone call or seeking local assistance, the transgressor would, (at the least), be VERY unpopular with the authorities!

The main benefit of this item of equipment is for anyone undertaking a recce by themselves where they are likely to be out of telephone contact (although of course whilst the official Ramblers advice is to always have a companion when checking routes, realistically this is not always possible). Again, this is held by Martin Hill and will be lent out as required.

General Data Protection Regulation (GDPR)

As a group, we have to comply with GDPR rules and regulations (a legal requirement in May this year) When you originally joined the Ramblers, you were asked what method of contact you **preferred** for correspondence. Most of us chose the option 'by post' (as we probably decided that we didn't want to be bombarded by emails or phone calls)

Unfortunately, because the Group need to abide by your decision on the method of contact you chose, (most chose 'By post') this is the only way that the group is permitted to contact you in the future. So, you will only receive two Newsletters twice a year in future, and will not be notified of any other news and information about the group, UNLESS you notify Ramblers centrally that you would like to be:

- *contacted by email*
- *contacted by phone*
- *contacted by post*

The Group cannot contact Ramblers Central Office on your behalf and therefore I would ask you to contact Ramblers and update your preferences to at least include email. The guidance on how to do this is extracted below from our website. It is a simple process.

You can update your membership details on line to www.ramblers.org.uk/my-account or email membership@ramblers.zendesk.com or phone 020 7339 8595

Many of you have already done this, so thank you. For those that haven't please consider whether you want to receive news and information from your group more than twice a year.

Our walking holiday to Criccieth in May 2018

Sunny days and cloud free summits were again experienced on what has become, an annual walking holiday. This year we visited the Llŷn Peninsula, a part of North Wales that many members had not been to before. The Llŷn Peninsula is described as 'Snowdon's arm', a wildly beautiful peninsula with a mix of culture and heritage, little ports, beaches, bays and sea-cliffs, and is quite unlike anything else you'll find in Wales. The coast is a protected 'Area of Outstanding Natural Beauty' The added bonus of our location was the close proximity of the mountains and lakes of Snowdonia.



We stayed at the Lion Inn in the centre of Criccieth and the 60 members and guests were treated to a great choice of five walks a day to suit all abilities, from gentle short walks, superb coastal walks and challenging mountain walks.

COMPLETION OF THE WOLDS WAY

East Riding of Yorkshire Council (ERYC) organise the Yorkshire Wolds Walking Festival in September each year. As part of the festival this year, they were offering the opportunity to walk the Wolds Way in seven stages over eight days. The first stage was on Saturday 8th September, starting at the Humber Bridge, and finishing on Saturday 15th September at Filey Brigg.

ERYC provided a coach to take walkers from one end of each daily stage to the other, as all stages are linear walks. Each day involved walking between 10 and 13 miles. Our group have organised the event, although the Council are administering it, both providing transport and publicity. Pocklington members are leading 6 of the 7 stages, with Malcolm Hodgson leading the other section. Several of our members have taken this great opportunity to walk the entire length of this National Trail that we all know so well.